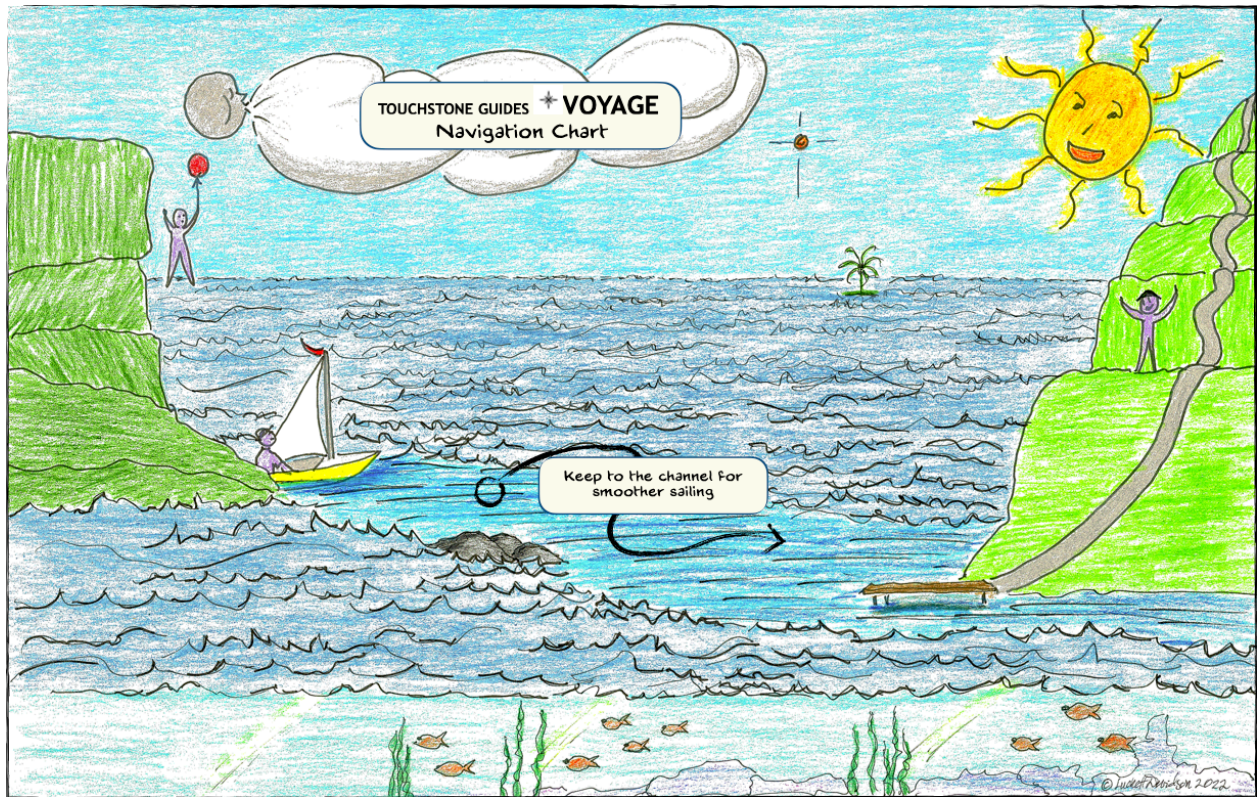


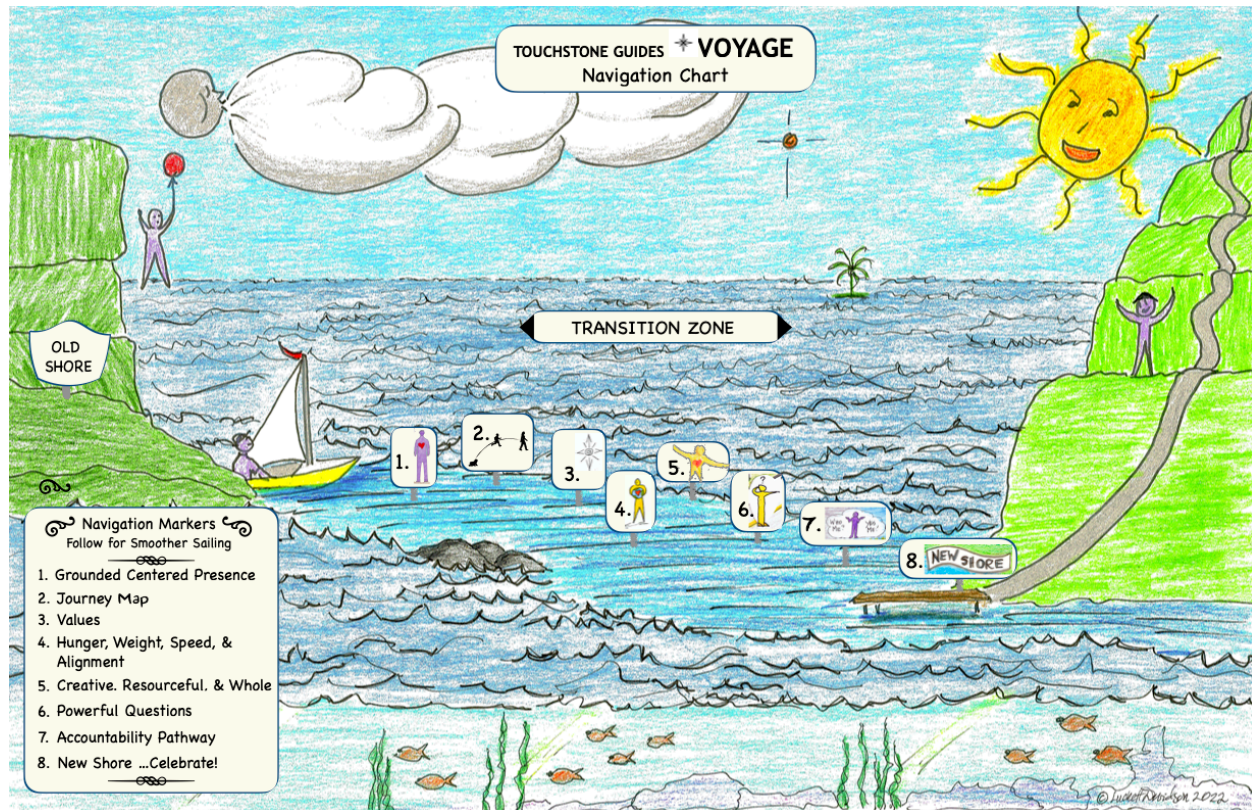
Overview and History



The **Touchstone Guides Voyage** is a curriculum grounded in values and the principles of community building. It is also an experience, an exploration of knowing oneself through knowing one's fellow humans. Using embodied learning practices and communal experiences, the Voyage helps participants strategically navigate life's personal and professional transitions.

**The TG Voyage is about relationship-building.
It can empower leaders at all stages of their lives and careers.**

TOUCHSTONE GUIDES VOYAGE



The practices of the Voyage become the guides of the Sailor/Captain.

- ▶ ***Grounded Centered Presence***
- ▶ ***Journey Mapping***
- ▶ ***Values***
- ▶ ***Creative, Resourceful & Whole***
- ▶ ***Hunger, Weight, Speed & Alignment***
- ▶ ***Powerful Questions***
- ▶ ***Accountability Pathway***
- ▶ ***Old Shore/New Shore ~ Transition Zone***

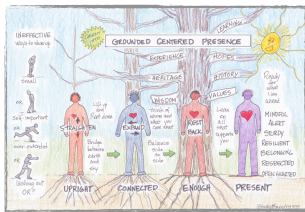
In the sessions, participants will experience, first-hand and intensively, tools and practices that hold the promise of smoother sailing in their life's journeys, both at work and in their personal lives.

We trust that *your entire team will see changes for the good*, both in those who participate in the Voyage directly, and also in those whom they influence and with whom they work. **We envision transformed workplaces with leaders at every level who are self-aware, courageous, generous and kind.**

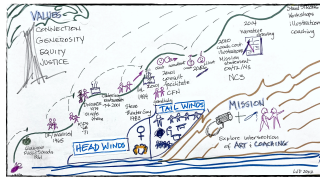
**A map of the channel of concepts, practices and tools
designed and sequenced as Touchstone VOYAGE**

In the 8 segments, participants - Voyagers - learn and practice tools and moves for smoother sailing on life's journey. An image with prompts to make the concepts easy to access and remember accompanies each practice.

STRENGTH

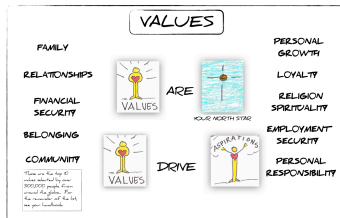


Grounded Centered Presence: a fundamental practice to embody a calm but ready and alert state of being



Journey Map: a reflective process to establish how you got to where you are

ASPIRATION

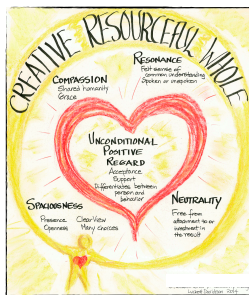


Values: a review of the qualities you must have in your life to be fulfilled and satisfied

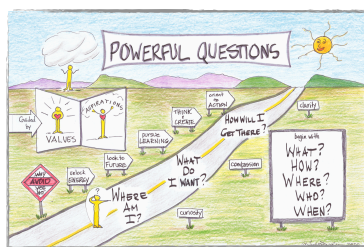


Hunger, Weight, Speed & Alignment: a tool to assess your leadership presence in different situations

INSPIRATION



Creative, Resourceful & Whole: an exploration in how you see yourself and others



Powerful Questions: a practice for asking questions from a place of curiosity and progress that establishes where you are, what you want, and how you'll get there

LEARNING



Accountability Pathway: a tool for self-assessment that moves you from inaction to action toward your aspirations



Old Shore/ Transition Zone/New Shore: the overarching metaphor for the sessions, and a foundational concept for navigating transitions

Every story has a beginning just like every journey.

Ours began at the Network Center for Community Change (NC3), a non-profit organization in Louisville, Kentucky, dedicated to building community. Our work was mobilizing residents and stakeholders around an equity agenda creating opportunity for families, and transforming neighborhoods.

When NC3 closed its doors in 2014, there were **5,100 Network members** who lived, worked, or worshiped in Louisville's urban neighborhoods. Network members said yes to the collective power of connection and transformation. NC3 created an environment committed to sustaining change through family-centered, equitable, results-focused systems that worked for all families. We joined with the community to address vacant and abandoned properties, food justice, voting rights, graduation rates and the basic needs of first-generation college students.

Those of us lucky enough to have worked at NC3 remain buoyed by a profound understanding of the culture we created, the connections we sparked, and the revolutionary energy of organizing and movement-building that fed our work each day.

Like any culture, we shared language, rituals, and food! We invited people into the Network and into themselves. We didn't simply learn organizing tools, we lived them. Over three hundred residents and representatives of fifty local non-profits and businesses became NC3 Power Members after graduating from our weeklong leadership and organizing boot camp called Network 101.

NC3, the Network, lives on because thousands of relationships across the city and beyond were shaped by principles and formed by practices that guide us still - reciprocity and radical organizing. New and Good defined us.

Because of NC3, the Touchstone Guides Voyage was born to extend the promise of these principles and practices more broadly. We believe strongly that the positive and time-tested habits that make up this Voyage will serve you and your community.

They can give you the shared language and metaphors to grow personally, to normalize resistance to change, to embrace change, and to find peaceable paths forward.

Thank you very much for engaging in this exploration with us.

Luckett Davidson and Touchstone Guides, LLC