

**WAKE
UP!**

**TAKE THE
WHEEL!**

Stand STRONG

Part Three: Shayla Learns to Use the Accountability Pathway



**Cool stuff
for college
(and life)!**

***A College Survival Guidebook
With Practices for Your Success***

Lockett Davidson

**FIGURE IT
OUT!**

**MAKE IT
HAPPEN!**

Hi, I'm Shayla. In my story
you'll see how the ACCOUNTABILITY
PATHWAY has helped me look at how
to manage my studies. You can use
it to think about gnarly
things in your life.



SHAYLA

AUGUST

CAMPUS BOOKSTORE

I'm good at juggling
a lot of things—work and
study and helping out
at home.

Hey, I've got a
lot of books.

No worries.
I've got this college
thing!

*"And if sun comes,
how shall we greet him..."*



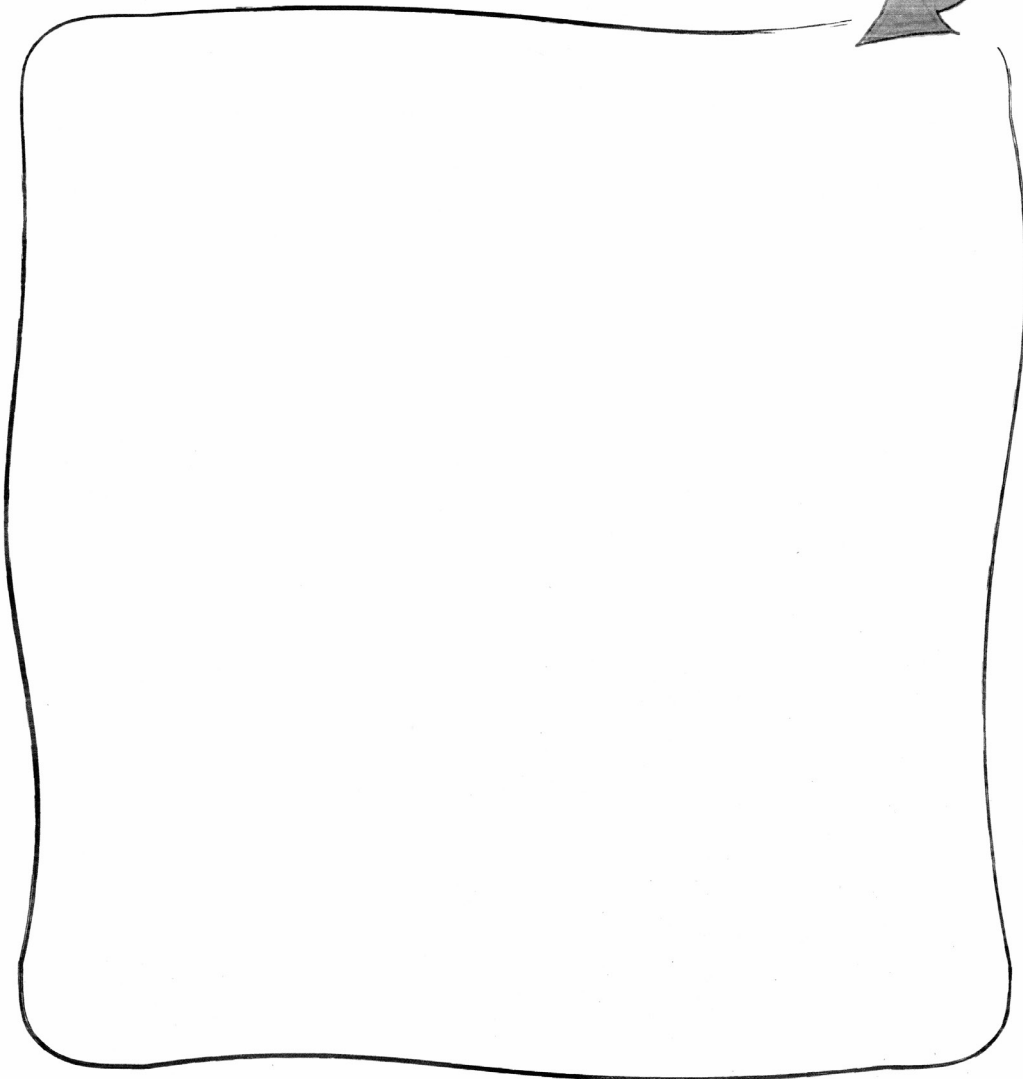
WAIT!



*"shall we not dread him
shall we not fear him."*



How would it feel to take some steps toward your dream or your goal?
Write and draw...



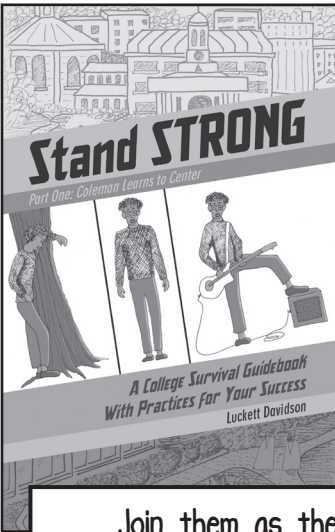
I feel relieved and
competent when I talk to my
professor about getting
extra help in his class.

Consider sensations too.
When I've finished my homework
or written a poem that I like, I feel
satisfied and the butterflies in
my belly go away.

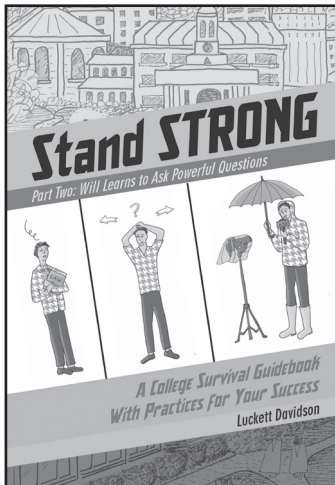


Touchstone Guides presents **Stand STRONG**, a series that supports students through the transition from high school to college. This unique, interactive series allows students to personalize their growth by reflecting and practicing new skills and habits of self-awareness and leadership presence.

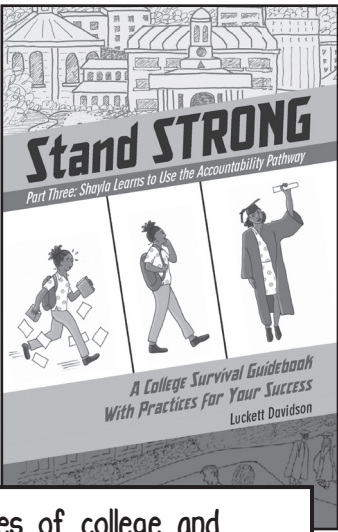
In **Part One**, Coleman learns to Center and watches his confidence soar.



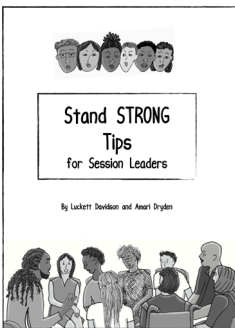
In **Part Two**, Will learns to ask Powerful Questions as he considers big and small decisions.



In **Part Three**, Shayla learns how the Accountability Pathway can help her make progress toward major goals.



Join them as they journey through the challenges of college and learn to build inner strength, seek support and stand strong!



Visit our website www.touchstoneguides.com to download the Stand Strong Tips for Session Leaders. These handy tips support those wishing to lead a small group! Posters are also available on the website for purchase.

Bulk and nonprofit rates are available. Contact us for more information at luckett@touchstoneguides.com.



Touchstone Guides explore the intersection of coaching skills, practices and accessible and memorable images. Compassion, resonance, grace and resilience are the touchstones of our work.